## Self-improving properties of Poincaré inequalities

Seng-Kee Chua

## ABSTRACT

The following is known as a weighted Poincaré inequality:

$$\left(\frac{1}{v(Q)}\int_{Q}|f-f_{av}|^{r}dv\right)^{1/r} \leq Cl(Q)\left(\frac{1}{w(Q)}\int_{Q}|\nabla f|^{p}dw\right)^{1/p}$$

where  $f_{av}$  is either a constant depending on f and cube Q or could be taken as  $\int_Q f dv / v(Q)$ . The above Poincaré inequality has an interesting property such that the left hand side can be raplaced with other weight (that satisfies a balancing condition) that is independent of v. For example, the above Poincaré inequality will imply

$$\left(\frac{1}{\mu(Q)}\int_{Q}|f-f_{av}|^{q}d\mu\right)^{1/q} \leq Cl(Q)\left(\frac{1}{w(Q)}\int_{Q}|\nabla f|^{p}dw\right)^{1/p}$$

if and only if

$$\frac{l(\tilde{Q})}{l(Q)} \left(\frac{\mu(\tilde{Q})}{\mu(Q)}\right)^{1/q} \le C \left(\frac{w(\tilde{Q})}{w(Q)}\right)^{1/p}$$

where  $\tilde{Q} \subset Q$  are cubes and l(Q) is the length of cube Q.

We will also present a number of results (on  $\mathbb{R}^n$  or certain metric spaces) obtained by various people.