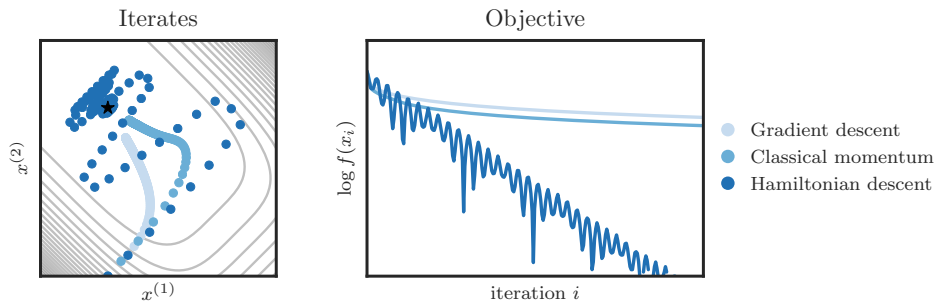


# Hamiltonian Descent Methods

University of Oxford

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Joint work with Chris J. Maddison, Yee Whye Teh, Brendan O'Donoghue and  
Arnaud Doucet



**Figure:** Optimizing  $f(x) = [x^{(1)} + x^{(2)}]^4 + [x^{(1)}/2 - x^{(2)}/2]^4$  with three methods: gradient descent with fixed step size equal to  $1/L_0$  where  $L_0 = \lambda_{\max}(\nabla^2 f(x_0))$  is the maximum eigenvalue of the Hessian  $\nabla^2 f$  at  $x_0$ ; classical momentum, which is a particular case of our first explicit method with  $k(p) = [(p^{(1)})^2 + (p^{(2)})^2]/2$  and fixed step size equal to  $1/L_0$ ; and Hamiltonian descent, which is our first explicit method with  $k(p) = (3/4)[(p^{(1)})^{4/3} + (p^{(2)})^{4/3}]$  and a fixed step size.

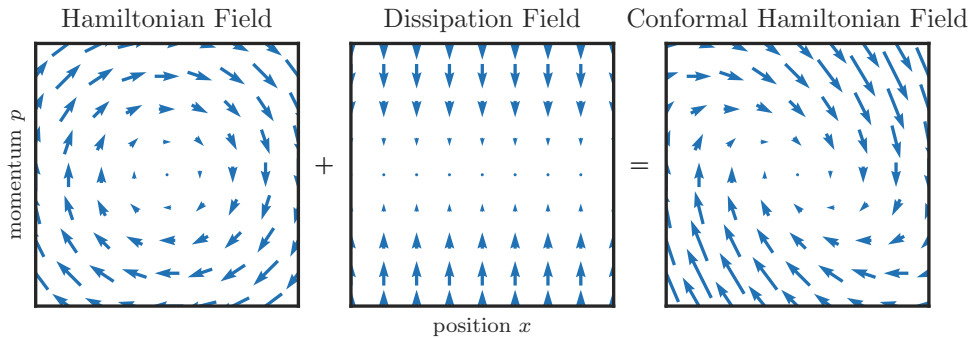
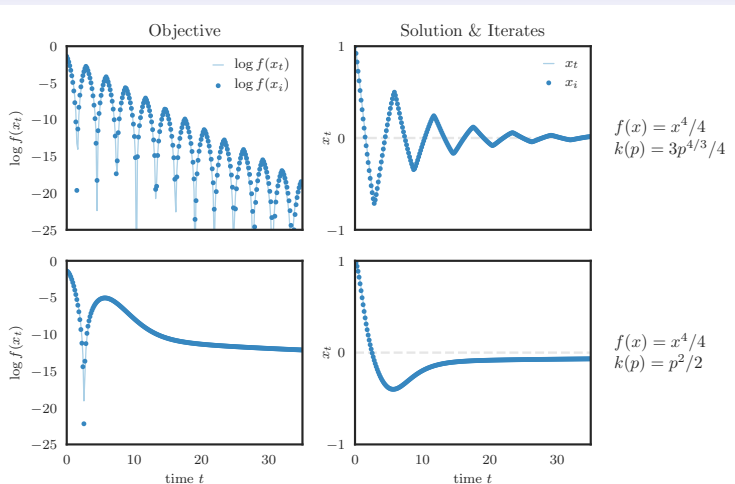
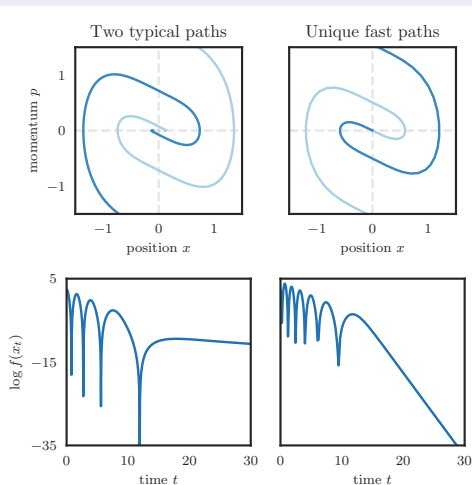


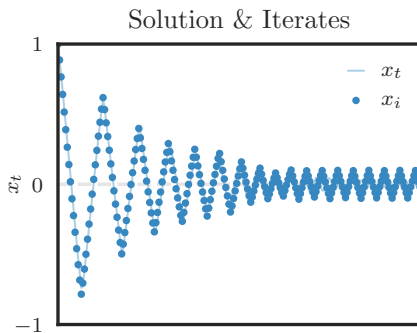
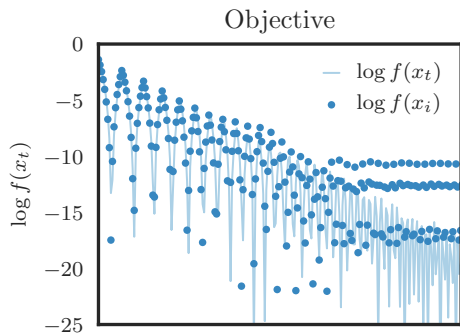
Figure: A visualization of a conformal Hamiltonian system.



**Figure:** Importance of assumptions A. Solutions  $x_t$  and iterates  $x_i$  of our first explicit method on  $f(x) = x^4/4$  with two different choices of  $k$ . Notice that  $f_c^*(p) = 3p^{4/3}/4$  and thus  $k(p) = p^2/2$  cannot be made to satisfy assumption A.4.



**Figure:** Solutions for  $f(x) = x^4/4$  and  $k(p) = x^2/2$ . The right plots show a numerical approximation of  $(x_t^{(\eta)}, p_t^{(\eta)})$  and  $(-x_t^{(\eta)}, -p_t^{(\eta)})$ . The left plots show a numerical approximation of  $(x_t^{(\theta)}, p_t^{(\theta)})$  and  $(-x_t^{(\theta)}, -p_t^{(\theta)})$  for  $\theta = \eta + \delta \in \mathbb{R}$ , which represent typical paths.



$$f(x) = x^4/4$$

$$k(p) = p^{8/7}7/8$$

**Figure:** Importance of discretization assumptions. Solutions  $x_t$  and iterates  $x_i$  of our first explicit method on  $f(x) = x^4/4$ . With an inappropriate choice of kinetic energy,  $k(p) = p^{8/7}/(8/7)$ , the continuous solution converges at a linear rate but the iterates do not.

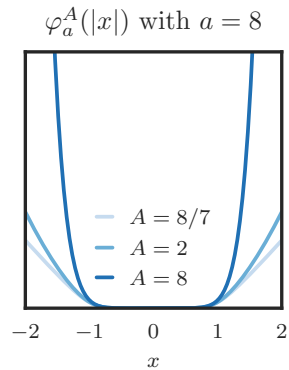
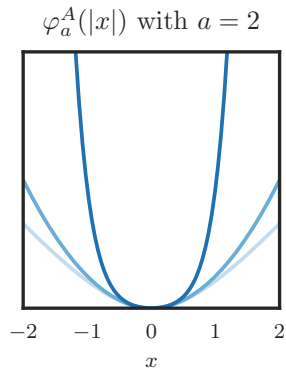
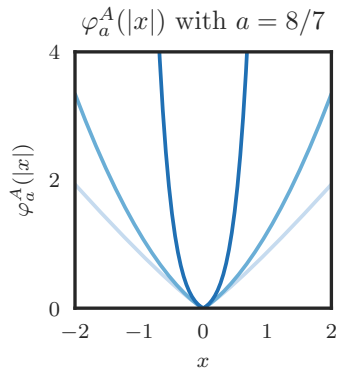
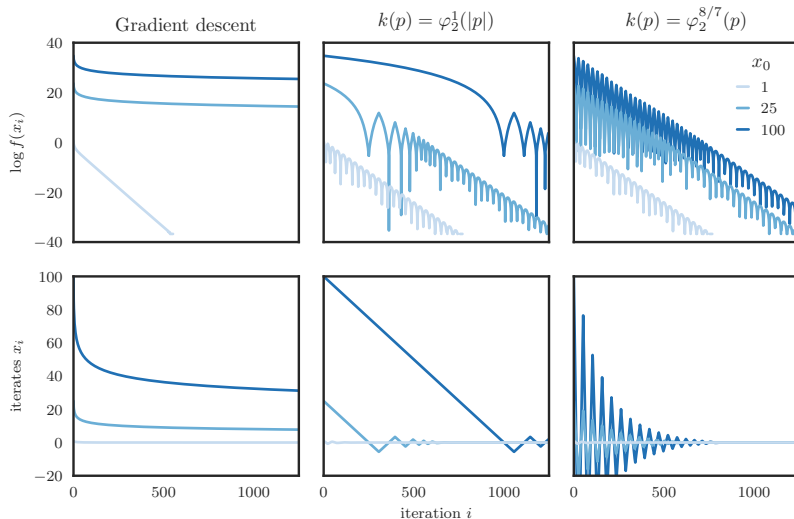


Figure: Power kinetic energies in one dimension.



**Figure:**  $f(x) = \varphi_2^8(x)$  with three different methods: gradient descent with the optimal fixed step size, Hamiltonian descent with relativistic kinetic energy, and Hamiltonian descent with the near dual kinetic energy.



## Assumptions F.

F.1  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  differentiable and convex with unique minimum  $x_*$ .

F.2  $\|p\|_*$  is differentiable at  $p \in \mathbb{R}^d \setminus \{0\}$  with dual norm  $\|x\| = \sup\{\langle x, p \rangle : \|p\|_* = 1\}$ .

F.3  $B = A/(A - 1)$ , and  $b = a/(a - 1)$ .

F.4 There exist  $\mu, L \in (0, \infty)$  such that for all  $x \in \mathbb{R}^d$

$$\begin{aligned} f(x) - f(x_*) &\geq \mu \varphi_b^B(\|x - x_*\|) \\ \varphi_a^A(\|\nabla f(x)\|_*) &\leq L(f(x) - f(x_*)). \end{aligned} \quad (1)$$

F.5  $b \geq 2$  and  $B \geq 2$ .  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  is twice continuously differentiable for all  $x \in \mathbb{R}^d \setminus \{x_*\}$  and there exists  $L_f, D_f \in (0, \infty)$  such that for all  $x \in \mathbb{R}^d \setminus \{x_*\}$

$$\left(\varphi_{b/2}^{B/2}\right)^* \left(\frac{\lambda_{\max}^{\|\cdot\|}(\nabla^2 f(x))}{L_f}\right) \leq D_f(f(x) - f(x_*)). \quad (2)$$

### Assumptions G.

G.1  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  differentiable and convex with unique minimum  $x_*$ .

G.2  $\|p\|_*$  is differentiable at  $p \in \mathbb{R}^d \setminus \{0\}$  with dual norm  $\|x\| = \sup\{\langle x, p \rangle : \|p\|_* = 1\}$ .

G.3  $B \in [2, \infty)$  and  $A = B/(B-1)$ .

G.4 There exist  $\mu, L \in (0, \infty)$  such that for all  $x \in \mathbb{R}^d$

$$\begin{aligned} f(x) - f(x_*) &\geq \mu \varphi_2^B(\|x - x_*\|) \\ \varphi_2^1(\|\nabla f(x)\|_*) &\leq L(f(x) - f(x_*)). \end{aligned} \quad (3)$$

G.5  $B > 2$ . Define

$$\psi(t) = \begin{cases} 0 & 0 \leq t < 1 \\ t - 3t^{\frac{1}{3}} + 2 & 1 \leq t \end{cases}. \quad (4)$$

$f : \mathbb{R}^d \rightarrow \mathbb{R}$  is twice continuously differentiable for all  $x \in \mathbb{R}^d \setminus \{x_*\}$   
and there exists  $L_f \in (0, \infty)$  such that for all  $x \in \mathbb{R}^d \setminus \{x_*\}$

$$\psi\left(\frac{B-1}{B-2} \varphi_1^{\frac{B-1}{B-2}}\left(\frac{\lambda_{\max}(\nabla^2 f(x))}{L_f}\right)\right) \leq 3(f(x) - f(x_*)). \quad (5)$$